

RHS vs. LHS JV Dual- 4/25/19

You are dismissed from school at 2:30 p.m. This is a numbers meet. That means that you will need to have the 3 digit number on the roster at camp on your hand. You can be in up to 4 events. If you choose to add an event, that is okay as long as you've been practicing for that event.

Field Event	Unlimited Entries- 4 Jumps/Throws, no Finals
4:00 pm Girls High Jump	Carpenter, Denevan, Hayes
4:00 pm Girls Shot Put	Dicus, Armstrong, Aberson, Dzwonek
4:00 pm Boys Discus	S. Kohls, Dahmen, Velarde, Pryzbilla, Hoeke, Rathsachack, Camp, Sanchez, Ferguson, Alpers, Dwyer
4:00 pm Boys Long Jump	B. Bjornsen, M. Alic, A. Mohammed, A. Valland, Am. Muhammed, N. Dixon, D. Joeseeph, Goehring, M. Miller, Halvosen, B. Miles
4:00 pm Boys and Girls Pole Vault Together	Girls: Tycz, Carpenter Boys: Clark, Z. Link
4:00 pm Girls Triple Jump	
Boys Shot Put to follow Girls	S. Kohls, Dahmen, Velarde, Pryzbilla, Hoeke, Rathsachack, Batt, Camp, Sanchez, Ferguson, Alpers, Hagi
Girls Discus to follow Boys	Armstrong, Aberson, Dzwonek
Boys Triple Jump to follow Girls	Goehring, D. Joeseeph, Borchers
Boys High Jump to follow Girls	Nave, Ibrahim, Geohring, Potus, Jordan, Joseph, Paulson, Alpers
Girls Long Jump to follow Boys	A. Halvorsen, A. Carpenter, T. Raymond, S. Fields
Running Events	4:00 PM start - rolling time schedule - Unlimited Individual Entries, 4 relays Per School
4 x 800 Relay Together	Gilo, Brown, Knudson, Goley Ibrahim, Eckert, Illiev, Kuenzi
Girls 100m Hurdles	A. Madison, Eichmann, Samo, Y. Marquez, Pham
Boys 110m Hurdles	Landsem, BlueHorse, E. Marquez, Arop, SmithMendez, MendezGarcia, Patel, Yol
Girls 100m Dash	Dzwonek, Fields, Gaston, Gaye, E. Johnson
Boys 100m Dash	Alic, Bettencourt, Chaudhari, Hagi, Heezen, Jensen, Joseph, C. Kieser, Kottman, Lohnes, S. Miller, Muhammad, Munce, Prince, Reid, Schroeder, D. Stone, Trautmann, Valland, Wulff, Yol
Girls 4 x 200m Relay	Schuring, Raymond, Nielson, Drager
Boys 4 x 200m Relay	Nave, Goehring, Dixon, Mahammad
Girls 1600m Run	Martinez, Meissner, Breidenbach, Kuhl, Paasch
Boys 1600m Run	S. Johnson,
Girls 4 x 100m Relay	Drager, Raymond, Nielson, Schuring
Boys 4 x 100m Relay	Mahammad, Nave, Lohnes, Ramazani
Girls 400m Dash	Ellwein
Boys 400m Dash	Eckert, Knudson, Gilo, Ibrahim, C. Johnson
Girls 300m Hurdles	A. Madison, Samo, Y. Marquez, Pham
Boys 300m Hurdles	Landsem, BlueHorse, E. Marquez, Arop, SmithMendez, MendezGarcia, Patel, Yol
Girls 800m Run	Martinez, Meissner, Breidenbach, Kuhl, Paasch, Dooley, Edquist
Boys 800m Run	Goley, Brown, Illiev, S. Johnson, Kuenzi
Girls 200m Dash	Fields, Gaston, Gaye, E. Johnson, Nielson
Boys 200m Dash	Bettencourt, Bjornson, Chaudhari, Dixon, Goehring, Hagi, Heezen, Jensen, Jordan, C. Keiser, Kieso, Kottman, Marquez, MendezGarcia, S. Miller, Munce, Patel, Paulson, Prince, Reid, Schroeder, Skramstad, SmithMendez, Stone, Trautmann, Valland, Wulff, Yol
3200m Run Together	
Girls 4 x 400 Relay	
Boys 4 x 400 Relay	Gilo, Ibrahim, Eckert, Knudson Goley, Brown, Illiev, Kuenzi
Coed Throwers 400 Relay (2 g, 2 b)	