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| June | 2019 |
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|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | 1 |
|  |  |  |  |  |  |  |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|  |  |  |  |  |  |  |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
|  | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. |  |  |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
|  | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. |  |  |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
|  | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. |  |  |
| 30 |  |  |  |  |  |  |
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| Roosevelt Cross Country |  |  | Schedule subject to change |

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| July | 2019 |
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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Off | Off | Off | Off | Off |  |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|  | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. |  |  |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|  | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. |  |  |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
|  | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. |  |  |
| 28 | 29 | 30 | 31 |  |  |  |
|  | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. |  |  |  |
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| Roosevelt Cross Country |  |  | Schedule subject to change |

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| August | 2019 |
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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  | Open Running-  RHS Fieldhouse  7:30-9 a.m. |  |  |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|  | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. | Open Running-  RHS Fieldhouse  7:30-9 a.m. |  |  |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
|  | Off | Off | Off | First Official Practice-  8:00 a.m. RHS Fieldhouse |  |  |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
|  |  |  |  |  |  |  |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|  |  |  |  |  |  |  |
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| Roosevelt Cross Country |  |  | Schedule subject to change |