

Ruth Marske Invite

March 23, 2019

Athletes- The bus will leave at 9:30 a.m. Please be here by 9:15 a.m. Double check to make sure you have everything you need, spikes, uniform, team jacket and pants. You will want to bring a lunch with you. This is a great opportunity to showcase your ability in a great facility. With team camp being on the turf in the middle of the track, please make sure to keep camp cleaned up and on our tarp. WE WILL PROVIDE DINNER FOR YOU AFTER THE MEET.

Field Events	Athlete	Athlete	Athlete	
3 per event				
12:00 pm Boys Long Jump	Borchers	Mahammad	Miles	
12:00 pm Girls Long Jump	Hayes	Blogg	Immeker	
12:00 pm Girls High Jump	Immeker	Hayes		
1:00 pm Girls Shot Put	Tuschen			
1:00 pm Boys Shot Put	B. Kohls	S. Kohls	Velarde	
1:00 pm Boys Pole Vault	Moon	Clark	Dorris	
3:30 pm or 45 min. after Boys, Girls Pole Vault	Kelley	Burdick		
3:30 pm Boys Triple Jump				
3:30 pm Girls Triple Jump				
3:30 pm or 45 min after Girls, Boys High Jump	Fleming	Borchers	Ibrahim	
	Athlete	Athlete	Athlete	Athlete
3 per event except for the 3200, 100's, 100 and 110 Hurdles / 1 Relay Per School				
11:45 am Girls 3200m Run				
12:15 Boys 3200m Run- if 2 heats needed, slow heat at 11:45 a.m.	Ferri	Reeser	Johnson, Jordan	Woolridge
12:45 Girls 100m Hurdles	Hemenway	A.Madison	B. Madison	Krause
1:00 Boys 110m Hurdles	Zwiefel	Howell	Stone	Bluehorse
1:15 Girls 100m Dash	Blogg	Raymond	Joy Bilal	Gall
1:30 Boys 100m Dash	Hughes	Aa. Kusler	VanderVelde	Mahammad
1:45 Girls 4 x 800m Relay	Watkins, Boyer, Folsom, Howard Alt. Weigelt			
2:00 Boys 4 x 800m Relay	Gilo, Roggenbuck, Jaimes, Ibrahim Alt. Stanton			
2:15 Girls 4 x 100m Relay	Roggenbuck, Nelson, Hemenway, Kelley			
2:25 Boys 4 x100m Relay				
2:35 Girls 400m Dash	Raymond	Martinez	Weiland	
2:50 Boys 400m Dash	Kuenzi	Holwell		
3:15 Girls 300m Hurdles	Hemenway	A. Madison	B. Madison	
3:35 Boys 300m Hurdles	Zwiefel	Fleming	Stone	
3:50 Girls 800m Run	Grismer	Geurts	Weigelt	
4:05 Boys 800m Run	Knudson	Illiev	Boll	
4:15 Girls 200m Dash	Gall	Joy Bilal	Blogg	
4:30 Boys 200m Dash	VanderVelde	Aa. Kusler	Mahammed	
4:50 Girls 1600m Run	Boyer	M. Howard	D. Howard	
5:10 Boys 1600m Run	Reese	Stanton	Eckert	
5:25 Girls 4 x 400m Relay	Grismer, Geurts, Roggenbuck, Nelson			
5:45 Boys 4 x 400m Relay	Roggenbuck, Dannenbring, Gilo, Ibrahim Jaimes (Alt)			